



| Day                     | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |    |
|-------------------------|--|---|--|---|--|--|----|
| 7:00 ALLIANCE CHURCH    | 3<br>9:15 WALKING<br>9:30 BIBLE FELLOWSHIP<br>10:30 SIT N FIT ¾<br>1:30 HORSERACES ½<br>1:30 DOMINOS ¾<br>1:30 BINGO (RR)  | 4<br>8:30 BANK IN<br>9:15 WALKING<br>9:00 UK MASS<br>11:45 SENIORS LUNCH @ HERITAGE PARK      | 5<br>9:15 WALKING<br>10:30 ANGLICAN MASS<br>10:30 GARDENING<br>1:30 TRAVELLING CANTEEN ½ ¾   | 6<br>9:15 WALKING<br>10:00 LIBRARY<br>10:30 PATIO REMINSICING ½<br>10:30 WHEN I WAS YOUNG... ¾<br>1:30 PENNY GAME ½<br>1:30 HORSE RACES ¾ | 7<br>9:15 WALKING<br>10:30 BUCKET GAME ½<br>1:30 BINGO (RR)<br>1:30 PATIO CRAFT<br>3:00 1-1 VISITING | 8<br>9:15 WALKING<br>10:30 JOGGIN YOUR NOGGIN ½ AND ¾<br>1:30 OUTDOOR GAMES<br>1:30 BINGO (RR) | 9  |
| 7:00 PENTECOSTAL CHURCH | 10<br>9:15 WALKING<br>9:30 BIBLE FELLOWSHIP<br>10:30 SIT N FIT ½<br>1:30 HORSERACES ¾<br>1:30 DOMINOS ½<br>1:30 BINGO (RR) | 11<br>9:15 WALKING<br>10:30 YAHTZEE ¾<br>10:30 LAUGHTER THERAPY ½<br>1:30 PIE IN CLANDONALD!! | 12<br>9:15 WALKING<br>10:30 SPRING FRUIT TASTING ½<br>1:30 SPRING FRUIT TASTING ¾<br>3:00 NEWS AND VIEWS ½                                   | 13<br>9:15 WALKING<br>10:45 SHUFFLEBOARD BOWLING<br>1:30 LAUGHTER THERAPY ¾<br>1:30 JOGGIN YOUR NOGGIN' ½                                 | 14<br>9:15 WALKING<br>1:30 TIE ONE ON PARTY (FATHER'S/MEN'S DAY CELEBRATION)                         | 15   | 16 |
| 7:00 ANGLICAN CHURCH    | 17<br>9:15 WALKING<br>9:30 BIBLE FELLOWSHIP<br>10:30 SIT N FIT ¾<br>1:30 BINGO (RR)<br>7:00 MENNONITE SINGERS              | 18<br>9:15 WALKING<br>10:30 GARDENING<br>10:30 BEAN BAG TOSS ½<br>1:30 PIE IN CLANDONALD!!    | 19<br>9:15 WALKING<br>10:30 SPA ½<br>1:30 SPA ¾<br>1:30 CARD BINGO (RR)  | 20<br>9:15 WALKING<br>10:45 SHUFFLEBOARD BOWLING<br>1:30 GENTLEMANS CLUB  | 21<br>9:15 WALKING<br>10:30 CRAFT OUTSIDE<br>1:30 BIRTHDAY PARTY!!                                   | 22   | 23 |
| 7:00 UNITED CHURCH      | 24<br>9:15 WALKING<br>9:30 BIBLE FELLOWSHIP<br>10:30 SIT N FIT ½<br>1:30 BINGO (RR)<br>1:30 PENNY GAME ¾                   | 25<br>9:15 WALKING<br>10:30 WHEEL OF FORUNTE ½<br>1:30 BEAN BAG TOSS ¾                        | 26<br>9:15 WALKING<br>10:00 RC MASS<br>10:30 OUTDOOR LAWN GAMES<br>1:30 CARD BINGO (RR)<br>1:30 CARD BINGO ¾<br>6:00 DEAN MARI ENTERTAINMENT | 27<br>9:15 WALKING<br>10:30 PICTONARY ¾<br>1:30 OUTDOOR WALKS/PATIO VISIT   | 28<br>9:15 WALKING<br>10:30 REMINSICING ¾<br>1:30 RESIDENT COUNCIL MEETING<br>1:30 BINGO (RR)        | 29   | 30 |

COLOUR LEGEND: SOCIAL PHYSICAL OUTING EMOTIONAL SPIRITUAL PURPOSEFUL COGNITIVE OTHER