

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

SUPPORTIVE HOUSING

			8:30 BANK IN 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:45 FINGERNAIL PAINTING ½ 1:30 BOOSTER JUICE DAY DELIVERYS (MUST HAVE SIGNED UP) 3:15 1-1 VISITS	9:00 WALKING 9:45 STRETCH N TONE ½ 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING (REC ROOM) 10:45 BALLOON SWAT ¾ 12:00 SPECIAL DINNER (REC ROOM) 1:00 LIBRARY 3:15 1-1 VISITS	9:00 BREAKFAST CHATS 3 9:45 STRETCH N TONE ¾ 10:00 RC COMMUNION 10:45 FLOOR CURLING (REC ROOM) 10:45 BALLOON SWAT ½ 1:30 MOVIE AFTERNOON – ROTARY ROOM 3:15 1-1 VISITS	10:45 STRETCH N TONE ½ 2:30 CARDS (WAR) ¾
5 7:00 LUTHERAN CHURCH	6 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:45 HELP YOUR NEIGHBOUR CARD GAME ½ 1:30 FINGERNAIL PAINTING ¾ 3:15 1-1 VISITS <small>Forn begins</small>	7 9:00 WALKING 9:45 STRETCH N TONE ½ 10:45 PAINTING ¾ 1:30 PAINTING ½ 3:15 1-1 VISITS	8 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:45 SCATEGORIES ½ 1:30 BINGO ¾ 3:15 1-1 VISITS	9 9:00 WALKING 9:45 STRETCH N TONE ½ 10:45 SHUFFLEBOARD BOWLING (REC ROOM) 10:45 SCATEGORIES ¾ 12:00 SPECIAL DINNER (REC ROOM) 2:00 SING ALONG W/ KERI AND HAROLD (REC ROOM) 3:15 1-1 VISITS	10 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:00 RC COMMUNION 10:45 FLOOR CURLING 10:45 Pictionary ½ 11:00-1:00 PM PARKINSONS LUNCH AND LEARN (ROTARY ROOM) 3:15 1-1 VISITS	11 10:45 STRETCH N TONE ½ 1:30 TABOO ¾
12 7:00 PENTECOSTAL CHURCH <small>Daylight Saving Time Begins</small>	13 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ½ 10:45 BEAN BAGS ¾ 1:30 REMINISCING ½ 3:15 1-1 VISITS	14 9:00 WALKING 9:45 STRETCH N TONE ¾ 10:45 SING ALONG W/ BRITTANY (ROTARY RM) 1:30 RING TOSS ½ 3:15 1-1 VISITS	15 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE 1/2 1:30 BINGO ¾ 3:00 COFFEE CHAT W/ CARRIE IN ROTARY ROOM 3:15 1-1 VISITS	16 9:00 WALKING 9:45 STRETCH N TONE ¾ 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING 12:00 SPECIAL DINNER (REC ROOM) 3:15 1-1 VISITS	17 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ½ 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 LEAPRCHAUN SCAVENGER HUNT 2:30 GREEN BEER AND SNACKS IN REC ROOM 3:15 1-1 VISITS <small>St. Patrick's Day</small>	18 10:45 STRETCH N TONE ¾ 1:30 Pictionary ¾
19 7:00 UNITED CHURCH <small>Spring Begins</small>	20 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:30 ANGLICAN COMMUNION W/ RACHEL 10:45 FINISH THE SENTENCE ½ 1:30 REMINISCING ¾ 3:15 1-1 VISITS 6:00 MENNONITE SINGERS	21 9:00 WALKING 9:45 STRETCH N TONE ½ 10:45 CRAFT ½ 1:30 CRAFT ¾ 3:15 1-1 VISITS	22 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:45 BONKERS DICE ½ 1:30 BINGO ½ 3:15 1-1 VISITS <small>Ramadan Begins</small>	23 9:00 WALKING 9:45 STRETCH N TONE ½ 10:45 SHUFFLEBOARD BOWLING 10:45 BONKERS DICE ¾ 12:00 SPECIAL DINNER (REC ROOM) 1:30 BAKING ½ 3:15 1-1 VISITS	24 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ¾ 10:00 RC COMMUNION 10:45 FLOOR CURLING 10:45 POK-E-NO ½ 2:00 PICKLED ITEMS AND CEASAR TASTING 3:15 1-1 VISITS	25 10:45 STRETCH N TONE ½ 1:30 CANADIAN TRIVIA GAME ¾
26 7:00 ALLIANCE CHURCH	27 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ½ 10:45 BEAN BAGS ¾ 1:30 Pictionary ½ 3:15 1-1 VISITS	28 9:00 WALKING 9:45 STRETCH N TONE ¾ 11:00 BUS OUTING TO ARIA RESTURANT (IN VERMILION) 3:15 1-1 VISITS	29 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ½ 10:30 RC MASS 10:45 SCATEGORIES ¾ 1:30 BINGO ½ 3:15 1-1 VISITS	30 9:00 WALKING 9:45 STRETCH N TONE ¾ 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING 10:45 Pictionary ½ 12:00 SPECIAL DINNER (REC ROOM) 1:30 RESIDENT COUNCIL MEETING (REC ROOM) 3:15 1-1 VISITS	31 9:00 BREAKFAST CHATS 9:45 STRETCH N TONE ½ 10:45 FLOOR CURLING 10:45 RING TOSS ¾ 1:30 BIRTHDAY PARTY 3:15 1-1 VISITS	

RECREATION DOMAINS: PHYSICAL COGNITIVE PUPOSEFUL EMOTIONAL SOCIAL OUTINGS

* CALENDAR SUBJECT TO CHANGE*