

**SPRING/SUMMER MENU 2023**

**WEEK 2**

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	May-21, Jun-18, Jul-16, Aug-13, Sept-10, Oct-8	May-22, Jun-19, Jul-17, Aug-14, Sept-11, Oct-9	May-23, Jun-20, Jul-18, Aug-15, Sept-12, Oct-10	May-24, Jun-21, Jul-19, Aug-16, Sept-13, Oct-11	May-25, Jun-22, Jul-20, Aug-17, Sept-14, Oct-12	May-26, Jun-23, Jul-21, Aug-18, Sept-15, Oct-13	May-27, Jun-24, Jul-22, Aug-19, Sept-16, Oct-14
<b>BREAKFAST</b>	Cranberry Juice  Waffles Breakfast Sausage Omelette Diced Pears	Apple Juice  Oatmeal Cereal Poached Egg Whole Wheat Toast Orange Slices	Orange Juice  Cream of Wheat Scrambled Egg Raisin Toast Diced Peaches	Cranberry Juice  Sunny Boy Cereal Boiled Egg Whole Wheat Toast Cantaloupe	Apple Juice  Oat Bran Cereal Poached Egg Rye Toast Strawberries	Orange Juice  Oatmeal Cereal Breakfast Sandwich Whole Wheat Toast Banana	Cranberry Juice  Cream of Wheat Scrambled Egg Whole Wheat Toast Tropical Fruit Cocktail
<b>LUNCH</b>	Roasted Pork  Scalloped Potatoes  Corn Bean Salad  Banana  <b>Alt</b> Chicken Drumstick	Tuscan Chicken  Mashed Potatoes  Bistro Mix Vegetable Mix Tossed Salad  Watermelon  <b>Alt</b> Roasted Pork	Pork Wings with Adobo Sauce  Rice  Green Beans Creamy Onion Salad  Blueberries  <b>Alt</b> Tuscan Chicken	BBQ Steak  Baked Potato with Sour Cream  Baby Carrots Tomato Aspic  Crushed Pineapple  <b>Alt</b> Pork Wings	Roasted Rosemary Lemon Chicken Thigh Mashed Potatoes with Gravy  Creamed Corn Creamy Coleslaw  Fruit Cocktail  <b>Alt</b> BBQ Steak	Braised Fish with sauce  Rice  Asian vegetable mix Cucumber Salad  Mandarin Oranges  <b>Alt</b> Chicken Thigh	Beef Stroganoff  Egg Noodles  Asparagus Spinach Salad  Grapes  <b>Alt</b> Baked Fish
<b>SUPPER</b>	French Onion Soup Chicken Salad Sandwich Tomato Slices  Cherry Pie  <b>Alt</b> Ham Sandwich on Rye	Butternut Squash Soup Fish and Chips Gravy Lemon  Chocolate Mousse  <b>Alt</b> Bologna Sandwich	Beef Barley Soup Grilled Ham and Cheese Dill Pickles  Dessert of the Day  <b>Alt</b> Egg Salad Sandwich	Potato Bacon Soup Chicken Tenders Celery Sticks  Strawberry Shortcake Parfait  <b>Alt</b> Swiss Cheese Sandwich	Borscht Beef Dip Pepper Wedges  Butterscotch Ice Cream  <b>Alt</b> Turkey Sandwich	Cream of Mushroom Soup BBQ Chicken Sliders Potato Salad  Ambrosia Salad  <b>Alt</b> Tuna Salad Sandwich	Chicken Noodle Soup Seafood Melt Potato Chips  Mini Danish  <b>Alt</b> Chicken Salad Sandwich