

**SPRING/SUMMER 2023**

**WEEK 4**

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	June-4, Jul-2, Jul-30, Aug-27, Sept-24, Oct-22	June-5, Jul-3, Jul-31, Aug-28, Sept-25, Oct-23	June-6, Jul-4, Aug-1, Aug-29, Sept-26, Oct-24	June-7, Jul-5, Aug-2, Aug-30, Sept-27, Oct-25	June-8, Jul-6, Aug-3, Aug-31, Sept-28, Oct-26	June-9, Jul-7, Aug-4, Sept-1, Sept-29, Oct-27	June-10, Jul-8, Aug-5, Sept-2, Sept-30, Oct-28
<b>BREAKFAST</b>	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice
	French toast Breakfast Sausage Omelette Diced Pears	Oatmeal Cereal Poached Eggs Whole Wheat Toast Fruit Cocktail	Cream of Wheat Scrambled Egg Raisin Toast Banana	Sunny Boy Cereal Boiled Egg Whole Wheat Toast Diced Peaches	Oat Bran Cereal Poached Eggs Rye Toast Cantaloupe	Oatmeal Cereal Breakfast Sandwich Whole Wheat Toast Strawberries	Cream of Wheat Scrambled Eggs Whole Wheat Toast Grapes
<b>LUNCH</b>	Pork Chop & Mushroom Sauce Mashed Potatoes Corn Carrot Raisin Salad  Watermelon <b>Alt</b> Spaghetti	Perogies with Onions Bacon and Sauerkraut Sausage Sour Cream Tossed Salad  Orange Slices <b>Alt</b> Pork Chops	Bourbon Chicken Baked Potatoes Fancy Vegetable Mix Vinaigrette Coleslaw  Blueberries <b>Alt</b> Sausages	Grilled Burgers with Bun Lettuce, Onions, Tomato and Cheese Potato Salad  Pineapple Tidbits <b>Alt</b> Bourbon Chicken	Baked Ham Scalloped Potatoes Carrots Spinach Salad  Fruit Cocktail <b>Alt</b> Grilled Burgers	Steamed Fish Rice Pilaf Brussel Sprouts Cucumber Onion Salad  Mandarin Oranges <b>Alt</b> Baked Ham	Liver and Onions Mashed Potatoes and Gravy Peas Beet Salad  Banana <b>Alt</b> Steamed Fish
<b>SUPPER</b>	Borscht Chicken Salad Sandwich Dill Pickles  Apple Pie <b>Alt</b> Pastrami Sandwich on Rye	Mulligatawny Soup Braised Beef Sandwich Cottage Cheese  Rice Pudding <b>Alt</b> Ham Sandwich	Pork Cabbage Soup Turkey Grilled Cheese Bread and Butter Pickles  Lemon Buttermilk Cake <b>Alt</b> Egg Salad Sandwich	Cream of Ham and Cheese Soup Crispy Dry Ribs Potato Salad  Pudding Parfait <b>Alt</b> Chicken Salad Croissant	Beef Noodle Soup Chicken and Waffles Carrot Sticks  Dessert of the Day <b>Alt</b> Cheese, Lettuce & Tomato Sandwich	Cream of Vegetable Soup Philly Cheese Sauteed Onions and Peppers  Butter tart <b>Alt</b> Tuna Salad Sandwich	Chicken Rice Soup Seafood Salad Croissant Pepper Wedges  Cheesecake <b>Alt</b> Bologna Sandwich