

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 No church service	2 Tentatively no programs. Will update on Monday.	3 8:30 BANK IN 9:45 STRETCH N TONE 10:45 REGULAR SHUFFLEBOARD 1:00 GRADE 5/6 SINGING CHRISTMAS CAROLS 3:15 ROLLEYBALL 3:15 1-1 VISITS 6:00 AXE THROWING	4 8:45 WORDLE 8:45 MENS COFFEE GROUP (ROTARY RM) 9:45 STRETCH N TONE 10:45 BALLOON SWAT 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 BUCKET GAME 6:00 ADULT COLORING	5 8:45 WORDLE 9:45 CHAIR YOGA 10:45 OUT TO WAINWRIGHT WALMART 1:00 LIBRARY 3:15 ARMCHAIR TRAVEL TO ITALY 3:15 STAFF CHRISTMAS PREP 6:00 CROKINOLE	6 8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 HAPPY HOUR 3:15 1-1 VISITS 3:15 HORSERACES	7 8:45 WORDLE 9:45 STRETCH N TONE  1:30 GIANT SPOONS 2:30 CAROLING W/ THE JR B'S
8 7:00 UNITED CHURCH	9 8:45 WORDLE 9:45 STANDING EXERCISES 10:45 JENGA 1:30 BINGO (.25 PER CARD) 3:15 1-1 VISITS 3:15 CRIB 6:00 TNT QUARTET	10 8:45 WORDLE 9:45 STRETCH N TONE 10:45 PO-KE-NO 1:15 ACTIVITIES W/ ST. JEROMES 2:30 UKRAINIAN CATHOLIC MASS 3:15 1-1 VISITS 3:15 STAFF CHRISTMAS PREP 6:30 DEAN MARI	11 8:45 WORDLE 8:45 MENS COFFEE GROUP (ROTARY RM) 9:45 CHRISTMAS PILATES 10:15 READING & HOT CHOCOLATE W/ ST JEROMES GRADE 4 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 CBC SHORT MOVIE "CHANGE OF HEART" 6:00 YAHTZEE	12 8:45 WORDLE 9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 1:30 CHRISTMAS CARD PAINTING 3:15 1-1 VISITS 3:15 BEAN BAGS 6:00 SCATTEGORIES	13 8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 CHRISTMAS DRINK TASTING 3:15 1-1 VISITS 3:15 PLINKO	14 8:45 WORDLE 9:45 STRETCH N TONE  1:30 CHRISTMAS TRIVIA
15 7:00 ANGLICAN CHRUCH	16 8:45 WORDLE 9:30 CO-OP COMMUNITY CARING GIFT DELIVERIES 1:30 BINGO (.25 PER CARD) 3:15 CRIB 3:15 CHRISTMAS CRAFT (PINECONE ANGELS/GNOMES) 7:00 MENNONITE SINGERS	17 9:45 STRETCH N TONE (ROTARY RM)  10:00 – 2:00 PERSONAL TOUCH FASHIONS  3:15 PENNY GAME 6:00 CHRISTMAS LIGHT TOUR W/ DOC HOLIDAYS	18 8:45 WORDLE 8:45 MENS COFFEE GROUP (ROTARY RM) 9:45 STRETCH N TONE 10:45 BAKING SUGAR COOKIES 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 STAFF CHRISTMAS PREP 6:00 HELP YOUR NEIGHBOR	19 8:45 WORDLE 9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 1:30 SEQUENCE 3:15 1-1 VISITS 6:00 COVER THE #	20 8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 RESIDENT COUNCIL MEETING 3:15 1-1 VISITS 3:15 CHRISTMAS KARAOKE	21 8:45 WORDLE 9:45 STRETCH N TONE 10:30 GAMES W/ 4H SHEEP CLUB  Happy Birthday Doris L!  Winter Begins
22 7:00 ALLIANCE CHURCH	23 8:45 WORDLE 9:45 STANDING EXERCISES 10:45 FINGERNAIL PAINTING 1:30 BINGO (.25 PER CARD) 3:15 CHRISTMAS WORD SCRAMBLE 3:15 CRIB 6:00 CHRISTMAS JEOPARDY Happy Birthday Hilda M! Ugly Sweater Day	24 10:00 SANTAS CHRISTMAS DELIVERIES 1:30 MUSIC W/ GREG LINGLEY 3:15 ARMCHAIR TRAVEL TO THE NORTH POLE Happy Birthday Mary B, Mary T and Heather G! PJ Day	25 CHRITMAS DAY  NO RECREATION PROGRAMS  Christmas Hanukkah Begins	26 BOXING DAY  NO RECREATION PROGRAMS  Boxing Day (Canada) Kwanzaa Begins	27 8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 BIRTHDAY PARTY 3:15 1-1 VISITS 3:15 FROG GAME  Sparkle & Glam Day	28 8:45 WORDLE 9:45 STRETCH N TONE  1:30 KERPLUNK
29 7:00 GIDEONS CHURCH	30 8:45 WORDLE 9:45 STANDING EXERCISES 10:45 CURRENT NEWS 1:30 BINGO (.25 PER CARD) 3:15 1-1 VISITS 3:15 CRIB 6:00 SCRABBLE	31 8:45 WORDLE 9:45 STRETCH N TONE 10:45 REGULAR SHUFFLEBOARD  1:30 NEW YEARS EVE PARTY  New Year's Eve	<h1>December 2024</h1> <p>LODGE</p>			

Recreation domains: SOCIAL PHYSICAL COGNITIVE EMOTIONAL SPIRITUAL PURPOSEFUL OUTING