Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Janu	lary	2025	Happy New Year! No Recreation Programs	8:45 WORDLE 9:45 CHAIR YOGA 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 FREE THROW RELAY 1:30 FINGERNAIL PAINTING 3:15 1-1 VISITS 6:00	8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 2:00 HAPPY HOUR 3:15 SKIP-BO	3 8:45 WORDLE 9:45 STRETCH N TONE 1:30 HORSERACES
7:00 ANGLICAN CHURCH	•	8:45 WORDLE 9:45 STRETCH N TONE 10:45 SEQUENCE	8:45 MENS COFFEE GROUP(ROTARY ROOM) 9:45 STRETCH N TONE 10:45 JENGA 1:30 CARD BINGO (6 NICKELS) 3:15 1-1 VISITS 6:00 PO-KE-NO	9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 1:00 LIBRARY 1:30 COFFEE W/ KITCHEN 3:15 LAUGHTER THERAPY 6:00 SCATEGORIES	8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 LADIES WINE AND BINGO (ROTARY ROOM) 3:15 KERPLUNK	10 8:45 WORDLE 9:45 STRETCH N TONE 1:30 NAME THAT TUNE
7:00 LUTHERAN CHURCH	9:45 STANDING EXERCISES 10:45 RUMMIKUBE 1:30 BINGO (.25 PER CARD) 3:15 CRIB 6:00 REMINISCING	9:45 STRETCH N TONE 10:45 OUT TO NICKS FOR LUNCH 1:30 FAMILY FEUD 3:15 1-1 VISITS 6:00 ADULT COLORING	8:45 MENS COFFEE GROUP (ROTARY ROOM) 9:45 PILATES 10:45 BAKING 1:30 CARD BINGO (6 NICKELS) 3:15 1-1 VISITS 6:00 CLOSE COUNTS TRIVIA	8:45 WORDLE 9:45 CHAIR YOGA 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING 1:30 PENNY GAME 3:15 STAFF BANQUET PREP 6:00 HELP YOUR NEIGHBOUR	Resident Winte Banquet 5:30 PM	17 8:45 WORDLE 18 9:45 STRETCH N TONE 1:30 LEFT CENTER RIGHT
	9:45 STANDING EXERCISES 10:45 FROG GAME 1:30 BINGO (.25 PER CARD)	9:45 STRETCH N TONE 10:45 CHECKERS 1:30 PAINTING	1 8:45 WORDLE 22	8:45 WORDLE 9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 2:00 ARM CHAIR TRAVEL 3:15 BALLOON SWAT 6:00 CROKINOLE	8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 MENS BEER AND BINGO 3:15 GIANT SPOONS	24 8:45 WORDLE 9:45 STRETCH N TONE 1:30
7:00 UNITED CHURCH	8:45 WORDLE 27	9:45 STRETCH N TONE 10:45 REGULAR SHUFFLEBOARD	8:45 MENS COFFEE GROUP(ROTARY ROOM) 9:45 PILATES 10:00 RC MASS 10:45 RING TOSS	8:45 WORDLE 9:45 CHAIR YOGA 10:45 UNO 1:30 RESIDENT COUNCIL MEETING 3:15 1-1 VISITS 6:00	8:45 WORDLE 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:45 FLOOR CURLING 2:00 BIRTHDAY PARTY 3:15 BONKERS DICE	31
Australia Day (Observed) Recreation Domains: So	cial Physical Cognitive E	motional Spiritual Purp	6:00 h			