

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

# January 2025

## SUPPORTIVE HOUSE

			<p>Happy New Year!</p> <p>No Recreation Programs</p> <p>New Year's Day</p>	<p>1 9:45 STRETCH N TONE 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 ADULT COLORING 11:30 COVER THE # 3:15 ROLLEYBALL</p>	<p>2 8:45 COFFEE CHATS 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 Pictionary 2:00 HAPPY HOUR 3:15 1-1 VISITS</p>	<p>3 10:45 STRETCH N TONE ¾ 3:15 JEOPARDY ½</p> <p>4</p>
<p>7:00 ANGLICAN CHURCH</p>	<p>5 9:45 STRETCH N TONE 1/2 10:45 LAUGHTER THERAPY 11:30 KERPLUNK 3:15 CRIB</p>	<p>6 8:30 BANK IN 8:45 COFFEE CHATS 9:45 STRETCH N TONE 10:45 HELP YOUR NEIGHBOUR 11:30 FINGERNAIL PAINTING 3:15 1-1 VISITS</p>	<p>7 8:45 MENS COFFEE GROUP (ROTARY ROOM) 9:45 STRETCH N TONE 10:45 FAMILY FEUD 11:30 BINGO 3:15 1-1 VISITS</p>	<p>8 9:45 STRETCH N TONE 10:45 YAHTZEE 11:00 LIBRARY (REC ROOM) 11:30 COFFEE WITH KITCHEN (ROTARY ROOM) 3:15 BALLOON SWAT <b>HAPPY BIRTHDAY LENA B</b></p>	<p>9 8:45 COFFEE CHATS 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 SCATTEGORIES 11:30 LADIES WINE AND BINGO (ROTARY ROOM) 3:15 1-1 VISITS</p>	<p>10 10:45 STRETCH N TONE ¾ 3:15 BONKERS DICE ½</p> <p>11</p>
<p>7:00 LUTHERAN CHURCH</p>	<p>12 9:45 STRETCH N TONE 3/4 10:45 CHECKERS 11:30 RING TOSS 3:15 CRIB 3:15 1-1 VISITS</p>	<p>13 8:45 COFFEE CHATS 9:45 STRETCH N TONE 11:00 OUT TO NICKS FOR LUNCH 3:15 DOMINOS</p>	<p>14 8:45 MENS COFFEE GROUP (ROTARY ROOM) 9:45 STRETCH N TONE 10:45 WORD GAMES 11:30 BINGO 3:15 1-1 VISITS</p>	<p>15 9:45 STRETCH N TONE 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 CURRENT EVENTS 11:30 PO-KE-NO 3:15 STAFF BANQUET PREP</p>	<p>16 <b>Resident Winter Banquet 5:30 PM</b></p>	<p>17 10:45 STRETCH N TONE ¾ 3:15 BUCKET GAME ½</p> <p>18</p>
<p>7:00 PENTECOSTAL CHURCH</p> <p>Activity Professionals Week</p>	<p>19 9:45 STRETCH N TONE 1/2 10:45 BUCKET GAME 3/4 11:30 PENNY GAME 3:15 CRIB 7:00 MENNONITE SINGERS (REC ROOM)</p>	<p>20 8:45 COFFEE CHATS 9:45 STRETCH N TONE 10:45 HORSERACES 11:30 BEAN BAGS 3:15 NAME THAT TUNE</p>	<p>21 8:45 MENS COFFEE GROUP (ROTARY ROOM) 9:45 STRETCH N TONE 10:45 SKIP-BO 11:30 BINGO 3:15 1-1 VISITS</p>	<p>22 9:45 CHAIR YOGA 10:45 TRIVIA 2:00 ARM CHAIR TRAVEL 3:15 JENGA</p>	<p>23 8:45 COFFEE CHATS 9:45 STRETCH N TONE 10:00 RC COMMUNION 10:45 CROKINOLE 11:30 MENS BEER AND BINGO (ROTARY ROOM) 3:15 1-1 VISITS</p>	<p>24 10:45 STRETCH N TONE ¾ 11:30 MOVIE IN ROTARY ROOM</p> <p>25</p>
<p>7:00 UNITED CHURCH</p> <p>Australia Day (Observed)</p>	<p>26 9:45 STRETCH N TONE 3/4 10:45 BUCKET GAME 1/2 11:30 BAKING 3:15 CRIB</p>	<p>27 8:45 COFFEE CHATS 9:45 STRETCH N TONE 10:45 LEFT CENTER RIGHT 11:30 PAINTING 3:15 Pictionary 6:30 DEAN MARI</p>	<p>28 8:45 MENS COFFEE GROUP (ROTARY ROOM) 9:45 STRETCH N TONE 10:00 RC MASS 10:45 HANGMAN 11:30 BINGO 3:15 1-1 VISITS</p>	<p>29 9:45 CHAIR YOGA 10:30 RESIDENT COUNCIL MEETING (H3) 11:30 CRAFT 3:15 1-1 VISITS</p>	<p>30 8:45 COFFEE CHATS 9:45 STRETCH N TONE 10:45 PO-KE-NO 2:00 BIRTHDAY PARTY 3:15 1-1 VISITS</p>	<p>31</p>

Recreation Domains: **Social** Physical **Cognitive** Emotional **Spiritual** Purposeful **Outing**