| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday  |
|--|---|---|---|--|--|---|
|  |   |   | 8:30 BANK IN<br>8:45 WORDLE OF THE DAY                  | 8:45 WORDLE OF THE DAY<br>9:45 CHAIR YOGA              | 8:45 WORDLE OF THE DAY<br>9:00 WEEKLY NEWS RECAP | 8:45 WORDLE OF THE DAY 4<br>9:45 STRETCH N TONE   |
|  |   |   | 8:45 CUP O JOE MENS COFFEE                              | 9:30 WELLNESS AND MEDITATION<br>W/ BUBBLES (ROTARY RM) | 9:45 STRETCH N TONE                              | 3.45 STRETCH N TONE   |
|  | ay 20   |   | GROUP (ROTARY RM)<br>9:45 PILATES CLASS                 | 10:30 BIBLE STUDY W/ PASTOR                            | (RESISTANCE BANDS)<br>10:00 RC COMMUNION         |   |
|  |   | 1/4   | 10:45 TWISTER   | QUINN<br>10:45 SHUFFLEBOARD                            | 10:00 ACTIVITIES W/ KIDS                         | 1:30 MOVIE AFTERNOON –  |
|  |   |   | 1:00 GRADE 3 PERFORMANCE<br>1:30 CARD BINGO (6 NICKLES) | BOWLING  |  | (TELL REC ASSISTANTS  |
|  |   |   | 3:15 1-1 VISITS   | 1:00 LIBRARY<br>3:15 1-1 VISITS                        | 1:30 HAPPY HOUR (CINCO DE<br>MAYO)               | MOVIE   |
| Lodge  |   |   | 3:15 ADULT COLOURING                                    | 3:15 CROKINOLE   | 3:15 1-1 VISITS                                  | RECCOMENDATIONS)  |
| 5 8:45 WORDLE OF THE DAY 6 8:45 WORDLE OF THE DAY            |   |   | 6:00 GIANT SPOONS GAME<br>8:45 WORDLE OF THE DAY        |  | 3:15 WORD GAMES<br>8:45 WORDLE OF THE DAY        | 8:45 WORDLE OF THE DAY 11   |
|  | 9:45 STRETCH N TONE                             | 9:45 STRETCH N TONE                             | 9:45 STRETCH N TONE                                     | 8:45 WORDLE OF THE DAY                                 | 9:00 WEEKLY NEWS RECAP                           | 9:45 STRETCH N TONE   |
|  | (STANDING EXERCISES)                            | 10:45 FAMILY FEUD                               | 8:45 CUP O JOE MENS COFFEE<br>GROUP (ROTARY RM)         | 9:45 CHAIR YOGA  | 9:45 STRETCH N TONE                              |   |
|  | 10:45 FINGERNAIL<br>PAINTING                    | 1:30 SPRING CRAFT                               | 10:30 REFLEXOLOGY & SENIORS                             | 10:45 SHUFFLEBOARD                                     | (RESISTANCE BANDS)<br>10:00 RC COMMUNION         | 1:30 LEFT, CENTRE, RIGHT  |
|  | 1:30 BINGO (.25 PER CARD)                       | 3:15 1-1 VISITS<br>3:15 BALLOON SWAT            | INSERVICE (ROTARY RM)<br>1:30 CARD BINGO (6 NICKLES)    | BOWLING<br>1:30 BUCKET GAME                            | 11:45  |   |
|  | 3:15 1-1 VISITS                                 | 6:00 KARAOKE (ROTARY                            | 3:15 1-1 VISITS<br>3:15 REMEMBER WHEN                   | 3:15 1-1 VISITS  | Mother's Day lunch                               |   |
| 7:00 ANGLICAN CHURCH   | 3:15 CRIB<br>6:00 HORSERACES                    | RM)   | 6:00 PENNY GAME   | 3:15 HIVE WORD GAME                                    | (Rotary Room)<br>2:00 MOTHERS DAY WINE AND       |   |
| Cinco de Mayo  | 0.00 HORSERACES                                 | Happy Birthday Jenny B!                         | Happy Birthday Erna B!                                  | 6:00 FLOWER<br>ARRANGEMENTS                            | BINGO (NON-ALCOHOL OR                            |   |
|  | 2 8:45 WORDLE OF THE DAY                        | 8:45 WORDLE OF THE DAY 14                       | 8:45 WORDLE OF THE DAY<br>8:45 CUP O JOE MENS COFFEE    |  | ALCOHOL OPTIONS)<br>8:45 WORDLE OF THE DAY       | 8:45 WORDLE OF THE DAY 18   |
|  | 9:45 STRETCH N TONE                             | 9:45 STRETCH N TONE<br>10:45 BAKING             | 8:45 CUP O JOE MENS COFFEE<br>GROUP (ROTARY RM)         | 9:45 CHAIR YOGA<br>9:30 WELLNESS AND MEDITATION        | 9:00 WEEKLY NEWS RECAP                           | 9:45 STRETCH N TONE   |
|  | (STANDING EXERCISES)<br>10:45 AROMA THERAPY     | 1:30 OUT TO DUTCHAKS                            | 9:45 PILATES CLASS                                      | W/ BUBBLES (ROTARY RM)                                 | 9:45 STRETCH N TONE<br>(RESISTANCE BANDS)        |   |
|  | 1:30 BINGO (.25 PER CARD)                       | GREENHOUSE / IN VERMILION                       | 10:45 FROG GAME<br>1:30 CARD BINGO (6                   | 10:30 BIBLE STUDY W/ PASTOR<br>QUINN                   | 10:00 RC COMMUNION                               |   |
|  | 2:00 COFFEE & QUILTS<br>(ROTARY RM) (VOLUNTEER  | GREEN HOUSES<br>3:15 OUTDOOR WALKS              | NICKLES)  | 10:45 SHUFFLEBOARD BOWLING<br>1:30 COFFEE W/ KITCHEN   | 10:45 FLOOR CURLING<br>2:00 BROWN COW OR         | 1:30 TRIVIA   |
| 7:00 DEWBERRY CHURC  | H PROGRAM)                                      | (WEATHER PENDING)                               | 3:00 MAC SINGERS  | (ROTARY RM)  | PARALYZER HAPPY HOUR W/                          |   |
| Happy Birthdoy, Judy SI                                      | 3:15 1-1 VISITS<br>3:15 CRIB                    | 6:00 SIPS AND PAINT NIGHT<br>(ROTARY RM)        | 3:15 DOMINOS<br>6:00 COVER THE #                        | 3:15 1-1 VISITS<br>3:15 SCRABBLE                       | SENIORS CHOIR                                    |   |
| Happy Birthday Judy S!<br>National Skilled Nursing Care Week | 6:00 REMINISCING                                | Happy Birthday Archie T!                        | Happy Birthday Bob C!                                   | 6:00 CROKINOLE   | 3:15 1-1 VISITS<br>3:15 CROSSWORD PUZZLES        | Armed Forces Day  |
| 1  | 9 20  | 8:45 WORDLE OF THE DAY21<br>9:45 STRETCH N TONE | 8:45 WORDLE OF THE DAY22                                | 8:45 WORDLE OF THE DAY 23                              | 8:45 WORDLE OF THE DAY24                         | 8:45 WORDLE OF THE DAY 25   |
|  |   | 9:45 STRETCH N TONE<br>10:45 GARDENING          | GROUP (ROTARY RM)                                       | 10:45 SHUFFLEBOARD BOWLING                             | 9:00 WEEKLY NEWS RECAP<br>9:45 STRETCH N TONE    | 9:45 STRETCH N TONE   |
|  |   |   | 9:45 STRETCH N TONE                                     | 10:30 PARKINSONS SUPPORT<br>GROUP (ROTARY RM)          | (RESISTANCE BANDS)                               |   |
|  | NO RECREATION                                   | Aruba   | 10:45 BEAN BAGS OUTSIDE<br>(WEATHER PENDING)            | 1:30 HORSERACES  | 10:00 RC COMMUNION<br>10:45 FLOOR CURLING        |   |
|  | PROGRAMS  | 2:15 UKRAINIAN CATHOLIC<br>MASS (ROTARY RM)     | 1:30 CARD BINGO (6 NICKLES)                             |  | 1:30 CLOTHING SWAP (WATCH                        | 1:30 JENGA  |
| 7:00 UNITED CHURCH   | Happy Birthday Betty L!                         | 3:15 OUTDOOR WALKS                              | 3:15 1-1 VISITS<br>3:15 PICTIONARY                      | 3:15 1-1 VISITS<br>6:00 TABOO                          | FOR DETAILS)<br>3:15 1-1 VISITS                  |   |
| Happy Birthday Roger E ar                                    | 7.00 MENNONITE ONICEDO                          | (WEATHER PENDING)                               | 6:00 YAHTZEE  |  | 3:15 CARD GAMES                                  |   |
| Ron D!   | Victoria Day (Canada)                           | 6:00 POK-E-NO                                   |   |  | Happy Birthday Sylvia J!                         |   |
| 2  | 6 8:45 WORDLE OF THE DAY<br>9:45 STRETCH N TONE | 8:45 WORDLE OF THE DAY                          | 8:45 WORDLE OF THE DAY29<br>8:45 CUP O JOE MENS COFFEE  | 9:45 WORDLE OF THE DAY30                               | 8:45 WORDLE OF THE DAY                           |   |
| 9:45 ANGLICAN CHURCH   | (STANDING EXERCISES)                            | 9:45 STRETCH N TONE                             | GROUP (ROTARY RM)                                       | 10:30 BIBLE STUDY W/                                   | 9;00 WEEKLY NEWS RECAP                           |   |
| SERVICE  | 10:45 RING TOSS                                 | 10:45 OUT FOR LUNCH –                           | 9:45 PILATES CLASS<br>10:00 RC MASS                     | PASTOR QUINN<br>10:45 SHUFFLEBOARD                     | 9:45 STRETCH N TONE                              |   |
|  | 1:30 BINGO (.25 PER CARD)<br>3:15 1-1 VISITS    | BOSTON PIZZA VERMILION<br>2:00 FLOOR HOCKEY     | 10:45 CORN HOLE OUTSIDE                                 | BOWLING  | (RESISTANCE BANDS)<br>10:00 RC COMMUNION         | - Martin - Contract - |
|  | 3:15 CRIB                                       | 3:15 OUTDOOR WALKS                              | (WEATHER PENDING)<br>1:30 CARD BINGO (6 NICKLES)        | 1:30 RESIDENT COUNCIL                                  | 10:45 FLOOR CURLING                              |   |
| 7:00 MANNVILLE   | 6:00 NAME THAT TUNE                             | (WEATHER PENDING)                               | 3:15 1-1 VISITS   | 3:15 GARDENING   | 1:30 BIRTHDAY PARTY                              |   |
| COMMUNITY CHURCH   | (ROTARY RM)                                     | 6:00 PRICE IS RIGHT                             | 3:15 FINISH THE SENTENCE                                | 6:00 HELP YOUR NEIGHBOUR                               |  |   |
| RECREATION DOMAIN  | Memorial Day                                    |   | 6:00 BONKERS DICE<br>PIRITUAL PURPOSEFUL                | OUTING   | 3:15 1-1 VISITS                                  |   |

**RECREATION DOMAINS: SOCIAL PHYSICAL COGNITIVE EMOTIONAL SPIRITUAL PURPOSEFUL OUTING**