

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

Supportive Housing

<p>5</p> <p>9:45 STRETCH N TONE (STANDING EXERCISES) 10:45 FINGERNAIL PAINTING 1:30 BINGO (.25 PER CARD) 3:15 1-1 VISITS 3:15 CRIB</p> <p>7:00 ANGLICAN CHURCH</p> <p>Cinco de Mayo</p>	<p>6</p> <p>9:45 STRETCH N TONE 10:45 FAMILY FEUD 1:30 SPRING CRAFT 3:15 1-1 VISITS 3:15 BALLOON SWAT 6:00 KARAOKE (ROTARY RM) Happy Birthday Jenny B!</p>	<p>7</p> <p>9:45 STRETCH N TONE 10:45 CUP O JOE MENS COFFEE GROUP (ROTARY RM) 9:45 PILATES CLASS 10:45 ROLLEYBALL 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 ADULT COLOURING 6:00 GIANT SPOONS GAME</p> <p>May Day</p>	<p>8</p> <p>8:30 BANK IN 9:45 CHAIR YOGA 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING 1:00 LIBRARY 3:15 1-1 VISITS 3:15 CROKINOLE 6:00 LEFT, CENTRE, RIGHT</p>	<p>9</p> <p>9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 1:30 BUCKET GAME 3:15 1-1 VISITS 3:15 HIVE WORD GAME 6:00 FLOWER ARRANGEMENTS</p>	<p>10</p> <p>9:00 WEEKLY NEWS RECAP 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:00 ACTIVITIES W/ KIDS KORNER 1:30 HAPPY HOUR (CINCO DE MAYO) 3:15 1-1 VISITS 3:15 WORD GAMES</p>	<p>11</p> <p>9:45 STRETCH N TONE 1:30 MOVIE AFTERNOON – (TELL REC ASSISTANTS MOVIE RECCOMENDATIONS)</p>
<p>12</p> <p>9:45 STRETCH N TONE (STANDING EXERCISES) 10:45 AROMA THERAPY 1:30 BINGO (.25 PER CARD) 3:15 1-1 VISITS 3:15 CRIB</p> <p>7:00 DEWBERRY CHURCH</p> <p>Happy Birthday Judy S! National Skilled Nursing Care Week</p>	<p>13</p> <p>9:45 STRETCH N TONE 10:45 BAKING 1:30 OUT TO KATHYS GREENHOUSE / IN VERMILION GREEN HOUSE 3:15 OUTDOOR WALKS (WEATHER PENDING) 6:00 SIPS AND PAINT NIGHT (ROTARY RM) Happy Birthday Archie T!</p>	<p>14</p> <p>8:45 CUP O JOE MENS COFFEE GROUP (ROTARY RM) 9:45 PILATES CLASS 10:45 FROG GAME 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 DOMINOS</p> <p>Happy Birthday Bob C!</p>	<p>15</p> <p>9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 1:30 COFFEE W/ KITCHEN (ROTARY RM) 3:15 1-1 VISITS 3:15 SCRABBLE 6:00 CROKINOLE</p>	<p>16</p> <p>9:45 CHAIR YOGA 10:45 SHUFFLEBOARD BOWLING 1:30 PARKINSONS SUPPORT GROUP (ROTARY RM) 1:30 HORSERACES 3:00 COFFEE W/ CARRIE (ROTARY RM) 3:15 1-1 VISITS 6:00 TABOO</p>	<p>17</p> <p>9:00 WEEKLY NEWS RECAP 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 BROWN COW OR PARALYZER HAPPY HOUR 3:15 1-1 VISITS 3:15 CROSSWORD PUZZLES</p>	<p>18</p> <p>9:45 STRETCH N TONE 1:30 TRIVIA</p> <p>Armed Forces Day</p>
<p>19</p> <p>7:00 UNITED CHURCH</p> <p>Happy Birthday Roger E and Ron D!</p>	<p>20</p> <p>VICTORIA DAY NO RECREATION PROGRAMS</p> <p>Happy Birthday Betty L! 7:00 MENNONITE SINGERS</p> <p>Victoria Day (Canada)</p>	<p>21</p> <p>9:45 STRETCH N TONE 10:45 GARDENING 2:00 ARM CHAIR TRAVEL – Aruba 2:15 UKRAINIAN CATHOLIC MASS (ROTARY RM) 3:15 OUTDOOR WALKS (WEATHER PENDING)</p>	<p>22</p> <p>8:45 CUP O JOE MENS COFFEE GROUP (ROTARY RM) 9:45 STRETCH N TONE 10:45 BEAN BAGS OUTSIDE (WEATHER PENDING) 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 Pictionary</p>	<p>23</p> <p>9:45 CHAIR YOGA 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING 1:30 HAPPY HOUR (CINCO DE MAYO) 3:15 1-1 VISITS 3:15 WORD GAMES</p>	<p>24</p> <p>9:00 WEEKLY NEWS RECAP 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 CLOTHING SWAP 3:15 1-1 VISITS 3:15 CARD GAMES Happy Birthday Sylvia J!</p>	<p>25</p> <p>9:45 STRETCH N TONE</p>
<p>26</p> <p>9:45 ANGLICAN CHURCH SERVICE</p> <p>7:00 MANNVILLE COMMUNITY CHURCH</p>	<p>27</p> <p>9:45 STRETCH N TONE (STANDING EXERCISES) 10:45 RING TOSS 1:30 BINGO (.25 PER CARD) 3:15 1-1 VISITS 3:15 CRIB 6:00 NAME THAT TUNE (ROTARY RM)</p> <p>Memorial Day</p>	<p>28</p> <p>9:45 STRETCH N TONE 10:45 OUT FOR LUNCH – BOSTON PIZZA VERMILION 2:00 FLOOR HOCKEY 3:15 OUTDOOR WALKS (WEATHER PENDING)</p>	<p>29</p> <p>8:45 CUP O JOE MENS COFFEE GROUP (ROTARY RM) 9:45 PILATES CLASS 10:30 RC MASS 10:45 CORN HOLE OUTSIDE (WEATHER PENDING) 1:30 CARD BINGO (6 NICKLES) 3:15 1-1 VISITS 3:15 FINISH THE SENTENCE</p>	<p>30</p> <p>9:45 CHAIR YOGA 10:30 BIBLE STUDY W/ PASTOR QUINN 10:45 SHUFFLEBOARD BOWLING 1:30 RESIDENT COUNCIL MEETING 3:15 GARDENING 6:00 HELP YOUR NEIGHBOUR</p>	<p>31</p> <p>9:00 WEEKLY NEWS RECAP 9:45 STRETCH N TONE (RESISTANCE BANDS) 10:00 RC COMMUNION 10:45 FLOOR CURLING 1:30 BIRTHDAY PARTY AND JEOPARDY 3:15 1-1 VISITS</p>	<p>31</p>

RECREATION DOMAINS: SOCIAL PHYSICAL COGNITIVE EMOTIONAL SPIRITUAL PURPOSEFUL OUTING