FALL/WINTER MENU 2024- 2025

WEEK 4

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Nov 17, Dec 15, Jan 12, Feb 9, Mar 9, Apr 6, May 4	Nov 18, Dec 16, Jan 13, Feb 10, Mar 10, Apr 7, May 5	Nov 19, Dec 17, Jan 14, Feb 11, Mar 11, Apr 8, May 6	Nov 20, Dec 18, Jan 15, Feb 12, Mar 12, Apr 9, May 7	Nov 21, Dec 19, Jan 16, Feb 13, Mar 13, Apr 10, May 8	Nov 22, Dec 20, Jan 17, Feb 14, Mar 14, Apr 11, May 9	Nov 23, Dec 21, Jan 18, Feb 15, Mar 15, Apr 12, May 10
BREAKFAST	Apple Juice French toast Breakfast Sausage Omelette Diced Pears	Orange Juice Oatmeal Cereal Scrambled Eggs Raisin Toast Fruit Cocktail	Cranberry Juice Cream of Wheat Poached Eggs Whole wheat toast Apricot Halves	Apple Juice Sunny Boy Cereal Scrambled Eggs Bran Muffin Diced Peaches	Orange Juice Oat Bran Cereal Poached Eggs Rye Toast Cantaloupe	Cranberry Juice Oatmeal Cereal Sausage, Cheese and Egg Whole Wheat Toast Blueberries	Apple Juice Cream of Wheat Scrambled Eggs Raisin Toast Banana
LUNCH	Pot Roast Beef Mashed Potatoes with Gravy Turnips Mixed Green Salad Tomato Juice Strawberries **Alt** Shaved Steak with Onions & Peppers	Chicken Thighs Baked Potatoes with Sour cream Peas Carrot Raisin Salad Apple Slices **Alt** Roast Beef	Baked Ham with Honey Glaze Scalloped Potatoes Winter Mix Vegetable Romaine Salad Grapes **Alt** Chicken Thighs	Ginger Beef Rice Asian Mix Vegetable Tomato Cucumber Salad Crushed Pineapple **Alt** Ham	Perogies Sausage Onions, Bacon and Sour Cream Sauerkraught Chefs Salad Fruit Cocktail **Alt** Ginger Beef	Catch of the Day Roasted Potatoes Carrots Vinaigrette Coleslaw Mandarin Oranges **Alt** Sausage	Herb Baked Chicken Breast Creamy Dill Baby Potatoes California Mix Vegetable Greek Salad Strawberries **Alt** Catch of the Day
SUPPER	Creamy Onion Soup Chicken Salad Sandwich Cucumber Slices Brownie **Alt** Pastrami Sandwich on Rye	Hearty Beef Soup Egg Salad Sandwich Beet Pickles Matrimonial Cake **Alt** Roast Beef Sandwich	Butternut Squash Soup Fish and Chips with Gravy Tomato Slices Dessert of the Day **Alt** Cheese, Lettuce & Tomato Sandwich	Beef Vegetable Soup Pizza Bread Carrot Sticks Pudding Parfait **Alt** Tuna Sandwich	Borscht Mac & Cheese Casserole Broccoli Salad Ice Cream **Alt** Salami Sandwich	Cream of Mushroom Soup Crispy Dry Ribs Macaroni Salad Custard Cake **Alt** Egg Salad sandwich	Pork Cabbage Soup Bologna, Lettuce and Cheese Sandwich Potato Salad Chocolate Cake **Alt** Ham Sandwich