

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

LODGE



8:45 WORDLE
9:45 STRETCH N TONE

1

7:00 SHAREWORD
GLOBAL CHURCH

Happy Birthday Verna A!
Groundhog Day

2 8:45 WORDLE
9:45 STANDING
EXERCISES

3 8:30 BANK IN
8:45 WORDLE
9:45 STRETCH N TONE

1:15 ACTIVITIES W/ ST.
JEROMES GRADE 6

4 8:45 WORDLE
8:45 MENS COFFEE
GROUP (ROTARY RM)
9:45 STRETCH N TONE

5 8:45 WORDLE
9:45 CHAIR YOGA

1:00 LIBRARY

6 8:45 WORDLE
9:45 STRETCH N TONE
(RESISTANCE BANDS)
10:00 RC COMMUNION

7 8:45 WORDLE
9:45 STRETCH N TONE

Happy Birthday Rowena H!

7:00 ALLIANCE CHURCH

9 8:45 WORDLE
9:45 STANDING
EXERCISES

10 8:45 WORDLE
9:45 STRETCH N TONE

1:30 UKRAINIAN CATHOLIC
MASS (ROTARY RM)

11 8:45 WORDLE
8:45 MENS COFFEE
GROUP (ROTARY RM)
9:45 PILATES

Tu B'Shevat Begins

12 8:45 WORDLE
9:45 CHAIR YOGA

11:45 SPECIAL DINNER # 1
(YOU WILL BE GIVEN A
SCHEDULE FOR YOUR DAY)

13 8:45 WORDLE
9:45 STRETCH N TONE
(RESISTANCE BANDS)
10:00 RC COMMUNION

Valentine's Day

14 8:45 WORDLE
9:45 STRETCH N TONE

15 8:45 WORDLE
9:45 STRETCH N TONE

7:00 ANGLICAN CHURCH

16 NO RECREATION
PROGRAMS

FAMILY DAY

Presidents' Day (U.S.)

17 8:45 WORDLE
9:45 STRETCH N TONE

1:15 ACTIVITIES W/ ST.
JEROMES GRADE 6

18 8:45 WORDLE
8:45 MENS COFFEE
GROUP (ROTARY RM)
9:45 STRETCH N TONE

19 8:45 WORDLE
9:45 CHAIR YOGA

11:45 SPECIAL DINNER # 2
(YOU WILL BE GIVEN A
SCHEDULE FOR YOUR DAY)

20 8:45 WORDLE
9:45 STRETCH N TONE
(RESISTANCE BANDS)
10:00 RC COMMUNION

21 8:45 WORDLE
9:45 STRETCH N TONE

22 8:45 WORDLE
9:45 STRETCH N TONE

7:00 LUTHERAN CHURCH

Happy Birthday Lila H!

23 8:45 WORDLE
9:45 STANDING
EXERCISES

24 8:45 WORDLE
9:45 STRETCH N TONE

25 8:45 WORDLE
8:45 MENS COFFEE
GROUP (ROTARY RM)
9:45 PILATES
10:00 RC MASS (ROTARY
RM)

26 8:45 WORDLE
9:45 CHAIR YOGA

11:45 SPECIAL DINNER # 3
(YOU WILL BE GIVEN A
SCHEDULE FOR YOUR DAY)

1:30 RESIDENT COUNCIL
MEETING

27 8:45 WORDLE
9:45 STRETCH N TONE
(RESISTANCE BANDS)
10:00 - 2:00
PERSONAL TOUCH
FASHIONS

Ramadan Begins

28 RECREATION
CALENDAR
SUBJECT
TO
CHANGE.

RECREATION DOMAINS: SOCIAL PHYSICAL COGNITIVE EMOTIONAL SPIRITUAL PURPOSEFUL OUTING